



# CERTIFICATION OF APPRECIATION

This Certificate is awarded to  
**BASEL MOHAMMED A. QESHTA**

Thank you for attending the 2nd International Lifestyle Medicine Conference in  
Hail at 08-12 May 2023

Has been granted (28) C.P.D. hours from the Saudi Commission for Health  
specialties

Ref.NO (ACA-20230000982)

**Dr. Farhan Alshammari**

Conference chairperson

